

Do you have heart disease or diabetes? Or are you pregnant? Poor dental health can make these conditions worse. Evidence also shows that unmanaged diabetes can worsen existing gum disease.

Blue Cross and Blue Shield of Illinois (BCBSIL) offers additional dental benefits that can keep you healthier and reduce your overall health care costs by lowering the chance of more serious complications.

## What Does the Enhanced Benefit Program Provide?

If you have heart disease, diabetes or are pregnant, the Enhanced Benefit program offers an additional one of the following after your regular benefits have been used:

- Routine cleaning
- Periodontal maintenance cleaning
- Periodontal scaling and root planing

If you have medical coverage with BCBSIL, you are automatically eligible for the Enhanced Benefit.

If you don't have medical coverage with BCBSIL, please call the number on the back of your dental ID card and ask the representative for the BlueCare Dental Enhanced Benefit member form.

## Dental services can help manage your health conditions and save money, too.

## **BlueCare Dental Connection**<sup>SM</sup>

The Enhanced Benefit program works with BlueCare Dental Connection, which provides:

- Member education about the link between gum disease and other health issues, such as diabetes and heart disease
- 24/7 use of the online Dental Wellness Center®, with facts and tools to help you learn about dental care\*

To access the Dental Wellness Center, log in to Blue Access for Members<sup>™</sup> at **bcbsil.com** and select the **Wellness** tab on the dashboard. Scroll to the **Dental Wellness Center** and click the button.

The Dental Wellness Center allows you to:

- Ask dental questions through Ask a Dentist
- Locate an in-network dentist using Find a Dentist
- Research dental fees in your area with the **Dental** Cost Advisor
- Search the **Dental Dictionary** for common terms
- View Educational Videos on dental topics

Call the number on the back of your dental ID card to learn more about the BlueCare Dental Enhanced Benefit program.

<sup>\*</sup>The Dental Wellness Center is an online resource offered by Go2Dental. Go2Dental is an independent company contracted with Dental Network of America, LLC, the administrator of BCBSIL dental products.